

Sandwich-Making Instructions

Each sandwich should be composed of 2 pieces of whole wheat bread and one of the following

- 3 pieces of cheese (i.e. American)
- Peanut butter and jelly
- Slices of kosher meat

Individually wrap each sandwich in one of these options:

- a sealable plastic zip-up/roll-up bag
- cling wrap sealed with tape
- wax paper sealed with tape

Please label the wrapped sandwich, “[Type of sandwich] from PAS.”

Each volunteer is being asked to make at least 20 sandwiches.

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### **Important Health and Safety Requirements for Sandwich-Making**

*To ensure that we are providing fresh sandwiches that are up to all health and food safety standards, anyone preparing sandwiches must:*

#### **WASH HANDS**

Before starting all food preparation, wash your hands thoroughly for 20 seconds and pat dry with a clean paper towel.

#### **WEAR PLASTIC GLOVES, FACE MASK, AND A HAT/HAIRNET. PUT ON IMMEDIATELY AFTER WASHING HANDS**

Put on plastic gloves and a face mask before handling any food product. Replace the gloves if you have touched your face, unclean surfaces, or if you leave the food preparation area. Please also wear a hat or hairnet with your hair pulled back.

#### **SEAL FRESH FOOD**

Ensure that the sandwiches that you have prepared are safely sealed in a plastic bag, cling wrap, or wax paper for safe transportation.

#### **KEEP SANDWICHES FRESH BY KEEPING THEM COOL**

All sandwiches containing meat or cheese must be refrigerated.