OMER CHALLENGE 5781

Last year, Rabbi Cosgrove challenged us to reach out to people to build social solidarity during the Omer, the 49 days between Passover and Shavuot. This past year has affirmed the importance of connecting with others, so we are once again encouraging you to take this challenge.

This piece will help guide you on your journey over the next seven weeks. The themes are just suggestions — making connections is what is most important.

WEEK 1
PEOPLE YOU HAVE KNOWN FOR A LONG TIME:

1.

2.

3.

4.

5.

6.

7.

WEEK 2
PEOPLE YOU WOULD LIKE TO KNOW BETTER:

1.
2.
3.
4.
5.
6.
7.

WEEK 3
PEOPLE YOU HAVE MENTORED OR HAVE MENTORED YOU:

1.
2.
3.
4.
5.
6.
7.

WEEK 4
PEOPLE YOU HAVE MET THROUGH PAS OR WOULD LIKE TO INVITE INTO THE COMMUNITY:

1.

2.

3.

4.

5.

6.

7.

WEEK 5
PEOPLE WHO HAVE INSPIRED YOU:

1.

2.

3.

4.

5.

6.

7.

WEEK 6
PEOPLE WHO HAVE TAUGHT YOU SOMETHING:

1.

2.

3.

4.

5.

6.

7.

WEEK 7
PEOPLE WHO HAVE DONE SOMETHING KIND FOR YOU THIS YEAR:

1.

2.

3.

4.

5.

6.

7.

I do believe that all of us have the ability to pick up the phone and check in on each other . . . to let people know that we are thinking of them . . . that they are not forgotten. . . . That is my challenge to you: Don't just sit there.

"Social Solidarity . . . Not Distancing"
Rabbi Elliot J. Cosgrove, April 11, 2020