



PARK AVENUE SYNAGOGUE

PAS
HEALTHCARE
LAMPLIGHTERS



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

Andrew has been on the front lines of the COVID-19 crisis since the beginning. Through it all, he has been "calm, compassionate, and extremely humble." Andrew is the Chair, Department of Anesthesiology, Perioperative Care and Pain Medicine at the NYU Langone Medical Center.



Dr. Andrew Rosenberg



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

Aaron traded his white coat for scrubs and spent weeks in the ICU during the worst days of the virus. “He never complained . . . His compassion was unwavering, his dedication . . . was amazing . . . A true man of valor!” Aaron is a nephrologist at Elmhurst Hospital, one of the hardest hit hospitals in NYC.



Dr. Aaron Stern



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

Penny has worked tirelessly to help design, purchase, and implement COVID-19 testing for the Penn Health System, as well as for the students, faculty, and staff at the University of Pennsylvania in addition to her regular responsibilities. “Penny has never complained about the work she is doing.” Penny is the Project Manager for Pathology and Laboratory Medicine at the Hospital of the University of Pennsylvania.



Penny Sevin Shore



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

Sydney served on the front lines throughout the COVID-19 outbreak in NYC. She treated and helped many recover from the virus. “We thank her for her commitment to our community and for her incredibly brave and important work.” Sydney is a clinical nutritionist in the Medical Intensive Care Unit at The Mount Sinai Hospital.



Sydney Axelrod Colvin



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

As co-chair of the Mt. Sinai Health System, Rich sourced vital PPE from around the world. Rich also launched #FitForTheFrontLine to help frontline workers with everyday expenses. Participants chose any athletic activity to perform and solicited pledges to donate to a hospital of their choice. Rich shot 1,000 free throws in two weeks with his donation based on the number of shots he made. "His family, friends, and colleagues all supported his efforts."



Rich Friedman



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

Lori is the Icahn School of Medicine Director of Student Health and Wellness. Early in the pandemic, she assembled a leadership team to prepare the school for a transition to remote learning and subsequently built a plan to re-open safely. Lori was essentially responsible for the health and safety of everyone at the school as well as her patients at Mount Sinai. “It is so evident that she leads the way with . . . devotion and compassion.” Lori is also a member of both the PAS and Heschel School COVID Advisory Groups.



Dr. Lori Zbar



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

Kirk has worked tirelessly with compassion and earnest care for the doctors, staff, and patients of the Manhattan Psychiatric Center where he is Medical Director. Permitted to work from home, he chose instead to go in so that he could “lead out in front.” This generosity of spirit extends outside his work too – he spreads the same light to his friends and family!



Dr. Kirk Zachary



PARK AVENUE SYNAGOGUE

LAMPLIGHTER



Dr. Gary Brandeis

Gary is a geriatrician at Elmhurst Hospital, but during the height of COVID-19, all specialties stopped and Gary spent six-weeks in the ER and ICU. At one point, his hospital had over 600 COVID-19 patients, well over the 500 patient capacity. Gary is grateful for the teamwork of his co-workers and the support of the community at large.



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

Lisa put her time and effort into patient outreach during the COVID-19 pandemic. In addition to telehealth visits, she crafted detailed “COVID, Concerns, Cautions, and Care” letters for her patients and hosted Webinars to “educate and empower.” She also made in-person visits to homebound patients. Lisa “empowered her patients about their health, and encouraged them to find a silver lining during these unprecedented times.”



Dr. Lisa Fishman



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

Scott was at the tail end of his first year of residency at NYU when he was called into the COVID ICU unit. Initially allocated just one N95 mask per week, Scott saw families being torn apart and separated. “It was the only time he never got to learn anything about the person lying in the bed.”



Dr. Scott Schoninger



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

Elisa, Chief of Breast Surgery and Director of the Dubin Breast Center, and Jeffrey, attending thoracic surgeon at Weill Cornell Medical Center, epitomize what it means to be a lamplighter. Through the peak of the pandemic, both worked tirelessly to help others – Elisa long hours in the COVID ER in Brooklyn, while also continuing to lead at the Dubin Breast Center and Jeffrey worked around the clock in the OR at Weill Cornell. Their dedication to others is truly inspiring!



Dr. Elisa Port & Dr. Jeffrey Port



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

Ilisse, a psychiatrist, has brought psychological support to those impacted by COVID-19 in many different, compassionate ways. To ease the suffering of others, she started making “wellness rounds” with patients, has given many talks on pandemic mental health, and counseled family members. Her efforts even took her into the ER to evaluate psychiatric issues. While doing so much for others, she herself feels grateful to offer her skills!



Dr. Ilisse Perlmutter



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

Lani and Dave not only work as doctors at a hospital that was handling COVID-19 overflow, but they have also worked tirelessly to make their friends and family feel safe and comfortable during this difficult time. Dave spent endless hours as a Heschel Advisory Committee member helping the school open safely. The Heschel community can never thank him properly for all he has given them.



**Dr. Alana Serota &
Dr. David Mayman**



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

Ariel is a pediatric nurse practitioner at NY Presbyterian Hospital. Her hospital was inundated with patients, many requiring ICU and ventilator care, and her pediatric unit was converted into a COVID-19 unit. Never having taken care of adult patients, Ariel stepped up to the plate. She didn't see family or friends for months due to concerns about the risk of transferring the virus to those she loved. Ariel made great sacrifices to help others and her loved ones say they are "so proud of her efforts, sacrifices, and courage."



Ariel Brettholz



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

PAS's COVID-19 Advisory Group has given their time and talents to share thoughtful guidance to PAS as to how to cautiously and safely re-open our campus. We are deeply grateful to **Dr. Eddie Fisher, Dr. David Helfgott, Andrea Hirsch, Dr. Fred Kastenbaum, Dr. Dena Klein, and Dr. Lori Zbar.**



The COVID-19 Advisory Group



PARK AVENUE SYNAGOGUE

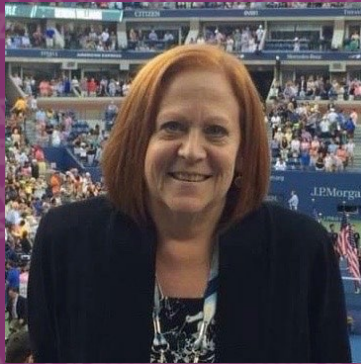
THE COVID-19 ADVISORY GROUP



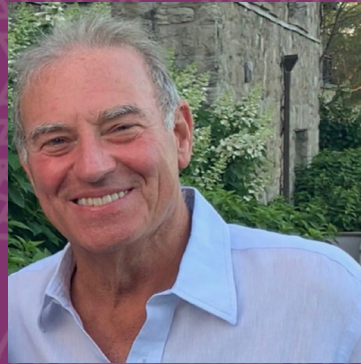
**Dr. Eddie
Fisher**



**Dr. David
Helfgott**



**Andrea
Hirsch**



**Dr. Fred
Kastenbaum**



**Dr. Dena
Klein**



**Dr. Lori
Zbar**



PARK AVENUE SYNAGOGUE

PAS
NEXT GENERATION
LAMPLIGHTERS



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

Through thoughtfulness, compassion, and concern, 15-year old Benjamin took on the responsibility of ordering weekly groceries for his Nani and Pops in Beaumont, Texas. Week after week, he brought light and joy into their lives with telephone calls and deliveries. He indeed, earned the title of Lamplighter as well as “Nani’s Mitzvah Man!”



Benjamin Barth



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

When COVID-19 would not allow the simchas that PAS' B'nei Mitzvah students had been dreaming of, they opted to not let the pandemic stop them. They embraced the virtual service format with maturity and strength. With their beautiful chants, prayers, and d'verei Torah, they touched and lit our hearts forever!



PARK AVENUE
SYNAGOGUE

WITH YOU ON YOUR JEWISH JOURNEY

**B'nei Mitzvah Families and
B'nei Mitzvah Students**



PARK AVENUE SYNAGOGUE

B'NEI MITZVAH FAMILIES AND B'NEI MITZVAH STUDENTS

Max Alperstein

Josh Anderman

Talya Benadrete

Max Berman

Mira Bieber

Jay Blechman

Caroline Bloom

Sloane Easton

Janet Alperstein

Drew & Danielle Anderman

Alp & Yael Benadrete

Mark & Randi Berman

Don & Betty Bieber

Charles & Lisa Blechman

Matthew & Anna Bloom

Loren & Jamie Easton



PARK AVENUE SYNAGOGUE

B'NEI MITZVAH FAMILIES AND B'NEI MITZVAH STUDENTS

Sophie Eisenberg

Julia Eizenstat

Bennett Gorman

Spencer Gottschalk

Gideon Grinberg

Taylor Guberman

Gabrielle Hecht

Dale Heller

Michael Eisenberg & Mara Saidman

Brian & Erin Eizenstat

Les Gorman & Stephanie Drescher

Steve & Lisa Gottschalk

Alexander & Lisa Grinberg

Laurence & Stephanie Guberman

Daniel & Anna Hecht

Gordon & Lisa Heller



PARK AVENUE SYNAGOGUE

B'NEI MITZVAH FAMILIES AND B'NEI MITZVAH STUDENTS

Alex Kaufman

Eliza Keller

Chloe Ludwig

Andrew Mark

Tanys Mayman

Zach Meltzer

Daniel Mero

Harry Morrison

Neal & Samantha Kaufman

Jeffrey Keller & Stacey Berg Keller

David & Rochelle Ludwig

Matthew & Cindy Mark

David Mayman & Alana Serota

Gary & Dana Meltzer

Scott & Norma Mero

Lawrence Morrison & Hayley Friedman



PARK AVENUE SYNAGOGUE

B'NEI MITZVAH FAMILIES AND B'NEI MITZVAH STUDENTS

Henry Rabin

Gabrielle Sanders

Yonatan Schwartz

Jackson Shell

Ava Siminou

Lucy Sole

Samantha Sullum

Sophie Zuckerman

Jeff Rabin & Pamela Goldberg

Adam & Randi Sanders

Azi & Noa Schwartz

Jeremy & Jessica Shell

Richard & Monique Siminou

Marc & Pamela Sole

Joshua & Jessica Sullum

Neil Zuckerman & Rachel Aranoff



PARK AVENUE SYNAGOGUE

LAMPLIGHTER



Paige Greenwald

At three years old, Paige has been an inspiration to the PAS community during these trying months. She shows up for every Penn Family ECC and YFE program available with a huge smile on her face, excited to participate, learn and be part of the community. Her smile brightens our day and reminds us that today is special and tomorrow holds promise.



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

Sarah's cheerful and upbeat nature has lit the lives of those around her. Whether encouraging family exercise, launching and moderating a book club, organizing movies and shows to share and discuss, or leading a Zoom Seder, she had brightened the lives of those around her – even those she doesn't know!



Sarah Backer



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

Julie's pandemic accomplishments are many: creating community via a Zoom Seder, giving voice to the Jewish teen experience with the Jewish Education Project, engaging interfaith leaders in a dialogue on faith during COVID-19 and more. Most importantly, she has embodied *menschlichkeit* – fundamental human kindness.



Julie Levey



PARK AVENUE SYNAGOGUE

PAS
EVERYDAY
LAMPLIGHTERS



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

Iris helped others when it mattered most. When COVID-19 was peaking, Iris was able to secure packages of N95 masks to donate wherever needed most. She heard that a Catholic home for young adults with autism was in dire need, so she sent the masks as soon as she could and made a real difference! The gratitude said it all.



Iris Goodgold



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

Faced with restaurant closings, and limited to just takeout and delivery, Andrew, of Schnippers, teamed up with Food for the Frontline and seven other fundraising groups to keep restaurants open and feed our healthcare heroes. Between March and May, Schnippers sent 3,767 meals to NYC healthcare workers!



Andrew Schnipper



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

Linda and Chris, both attorneys, are a couple also wedded to helping others! During the pandemic, they assisted and mentored clients, schools, charities and younger colleagues. Linda also embraced leading a women's study group. Plus, together, they co-chaired a benefit event that they reimaged virtually and raised critical funds for adoption grants. Their family is so proud!



Linda Yarden & Chris Smith



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

The amazingly talented, Zina was humbled and honored to play two Zoom concerts that aired in many NYC hospitals during the height of the pandemic. Through her musical gifts, and thanks to the nurses union, Zina was able to bring brightness to the days of others – both working on the frontlines and those who were hospitalized.



Zina Goldrich



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

Dennis is heavily involved with and in charge of fundraising for Crossroads Community Services. The organization provides meals, food pantry, and food rescue programs and operates a women's shelter. They currently serve 400 grab-and-go meals each night!



Dennis Karr



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

When Ronald McDonald House needed to close its doors to incoming families, Marc created programs to help families who come to NYC for treatment of pediatric neuroblastoma at Memorial Sloan Kettering Cancer Center. This solved safe housing, transportation and telemedicine issues for them. Marc even drove multiple children to and from radiation treatments. His impact on these children fighting cancer has been simply wonderful!



Marc Winthrop



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

Alan was appointed by the Chief Judge of the New York State Court System to head a “COVID-19 Task Force for Housing” to recommend changes for the housing courts in NY for eviction proceedings resulting from the economic downturn caused by the pandemic. The task force worked diligently before delivering recommendations for Governor Cuomo. A number of the recommendations were adopted and will go a long way in assisting the many financially challenged families in New York.



Alan Levine



PARK AVENUE SYNAGOGUE

PAS
COMMUNITY
LAMPLIGHTERS



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

Nominated as a lamplighter for many reasons, Pauline provides immeasurable light for the PAS community! Most of all, perhaps, for the teen students she volunteers to teach. During the pandemic, she has uplifted her students with weekly texts and genuine inquiry and care about their lives. She has also organized group check-ins and offered love and emotional support. Pauline has touched countless teens and like her signature Hanukkah parties, she is a true source of light!



Pauline Zablow



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

Dedicated to keeping people connected during normal times, Vera has been in overdrive during the pandemic! She took on Rabbi Cosgrove's challenge during the 49 days of the Omer with serious commitment and reached out to people every day – calling a list of a dozen single women living alone. If Vera doesn't reach you and you don't return her call – have no fear – she will call you back! Thank you Vera for the light you bring.



Vera Sullivan



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

When the COVID-19 crisis first hit, Barry Frankel held regular Zoom PAS community calls. It quickly became clear people wanted facts about how to get through all of the healthcare issues. Barry gave of himself, working late into the evening prior to the calls to provide the most accurate information possible – the fact that he did so with hope and perspective made all on the call a bit stronger and able to face the week ahead. “What else can one ask for in a person?”



Barry Frankel



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

Since March, Linda and Arthur have organized a Zoom gathering every Friday after PAS services. What started as 20 people has grown to about 80! Each week, different members are called upon to say kiddush, recite hamotzie, and light candles. There is conversation and Lou Bernstein plays piano. “It is a way to keep the community alive and celebrate Shabbat” and “it has been a mitzvah beyond mitzvahs!”



Linda Moses & Arthur Gurevitch



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

During the height of the COVID-19 crisis in New York, Sheri & Jimmy hand delivered challah to the doorsteps of friends and congregants in the Hamptons one Shabbat. They left it quietly at the door with a simple “Shabbat Shalom.” This was just one unassuming act of kindness among many others. “Sheri & Jimmy are truly lamplighters!”



Sheri & Jimmy Rosenfeld



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

Vicki spreads light wherever she goes. “During the pandemic when I developed a health issue, Vicki called me often, dropped off cupcakes, and checked on me in the most positive, consistent, thoughtful ways.” Vicki has been a lamplighter for many in the PAS community.



Vicki Warner



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

For the last four months, nearly every Thursday evening from Toronto, Larry has hosted Trivia Night on Zoom where he brings together many members of PAS as well as his synagogue in Toronto for laughter, community, and schmoozing. Larry's trivia nights (plus musical Megillah and creative learning) have been a highlight on the calendar of so many! If compassion, creativity, and good humor is a measure of a man, Larry is a giant!



Lawrence Wallach



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

When the pandemic hit, this Wednesday morning “Coffee Klotch” enjoyed their times together so much that they continued to meet on Zoom each week. They share stories, mitzvahs, worries, advice, and more. This sense of community is what makes PAS so significant – “The opportunity to spend an hour or two each Wednesday with wise, caring, thoughtful, witty, intelligent women, is a true blessing during these difficult times.”



**PAS Wednesday Morning Women
of the Bible “Coffee Klotch”**



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

Aela and Don extended themselves to create a COVID-19 safe community for Rosh Hashanah. By sheer force of (good) will, they created family pods, actual live minyan and a “new normal” way to safely experience PAS Rosh Hashanah services for our community. In addition, Aela has, in her leadership role, ensured that the Jewish Women's Foundation is able to continue its enlightening work.



Aela & Don Morgan



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

For eight weeks, Rachel has worked hard to create and teach a Talmud course for more than 20 women. Beginning as a Daf Shevui class, transitioning to a class based on popular memoir and ultimately transitioning back to Talmud, Rachel spent countless hours successfully developing material, sources and tractates for discussion with our community.



Rachel Bluth



PARK AVENUE SYNAGOGUE

PAS
SELFLESS
LAMPLIGHTERS



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

Barbara has devoted herself selflessly to her elderly aunt who suffers from many medical conditions. Since the beginning of the pandemic, Barbara has coordinated her care with doctors, especially when she was hospitalized. Barbara is such a vital part of her aunt's life, as she is unable to make decisions for herself, rather Barbara has been doing it all. She is a real inspiration to everyone!



Barbara Weinstein



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

As a devoted daughter, Darcy went to Florida during the pandemic to care for her elderly mother, of blessed memory. For months, the two of them lived together and shared such meaningful time, filled with the love and care Darcy so ably and compassionately provided. Darcy is a true lamplighter!



Darcy Dalton



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

Anne has been caring selflessly for her father-in-law and uncle throughout the pandemic. She has coordinated medical care and aides for both of them, including weekly food deliveries and daily conversations with her father-in-law. She has truly been an inspiration!



Anne Corwin



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

Since day one of self-quarantine and social distancing, David, Judy, Susan, and Adam never failed to watch out for their Aunt Rosalyn, who has been living alone throughout the pandemic. Whether it's dropping off surprise packages, driving her to appointments, shopping for her, or checking in with her every day, they have truly been her lamplighters – filling her days with love!



David Brous, Judy Poss, Adam Silverman & Susan Silverman



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

Robin is a wonderful example of how caring and friendship makes the world a brighter place. She has gone out of her way to be kind to her dear friend Rosalyn and continually checks on her to make sure she is okay. She even went out of her way to take her to a shiva call recently. The special bond they share has made a challenging time alone much better.



Robin Taubin



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

When most people were busy enough taking care of the family and friends they had, Susan made time to reach out to and help a stronger friendship blossom with fellow PAS member, Rosalyn, who has been living alone throughout the pandemic. After first connecting at a tour at the Jewish Museum and then again on a PAS trip, Susan found the time to call and suggest much-welcomed walks. For the thoughtfulness and caring she has shown and the light that new friendships can bring — she is a lamplighter.



Susan Smirnoff



PARK AVENUE SYNAGOGUE

PAS
LEADERSHIP
LAMPLIGHTERS



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

"With tireless energy and boundless creativity, our clergy have maintained the day-to-day, Shabbat-to-Shabbat, month-to-month life of PAS." There are no powerful enough words to describe the profoundly meaningful difference that they have made for our community . . .including those globally who livestream in. "The learning, the music, the wisdom, the thoughtfulness have traversed these months of the pandemic with us. Bless every single one of them!"



PAS Clergy



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

The entire PAS staff has gone above and beyond since the pandemic first hit. Despite the unique challenges facing them, they have continued to provide the same excellence in every aspect of their work. Without their extraordinary dedication and commitment none of what PAS has been able to accomplish would have been possible. They have been lamplighters for us all — we are so very fortunate!



PAS Staff



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

Josh has continued to light the way and lift our spirits during this pandemic. Through weekly songs, videos, and meet-and-greets before Shabbat, Josh has been an adored lamplighter for so many in our community who find “great comfort and joy through his voice, songs, and contagious energy during this time of great uncertainty.”



Josh Rosenberg



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

Ross embraces his role as head usher with devotion, integrity, honor and – above all else – kindness. Over the past months, Ross has all but rewritten the meaning of being a mensch. Always approachable (even virtually), he has lit the way for us – making Zoom services possible! Managing Zoom services can't be easy, but Ross does so with a smile on his face. Yes, we can tell even with the mask!



Ross Abelow



PARK AVENUE SYNAGOGUE

PAS
VIRTUAL COMMUNITY
LAMPLIGHTERS



PARK AVENUE SYNAGOGUE

LAMPLIGHTER

A silver lining of the pandemic has been our ever-growing global community of those who Livestream in regularly, becoming – in their own way – part of the fabric of PAS. Some of you have written to us about the good deeds of others or of you, yourselves, and we so appreciate your engagement from afar! You have indeed been lamplighters for all of us! *Todah Rabah!*



PARK AVENUE
SYNAGOGUE

WITH YOU ON YOUR JEWISH JOURNEY