

Melton: Living Wisdom for Modern Jewish Life

Rabbi Cosgrove and Rabbi Zuckerman

Thursdays, 9:15-10:45 am

Syllabus – Fall 2026

Want to begin or continue your Jewish learning journey? Explore some of the essential topics of Judaism, their evolution through the ages, and how they can bring meaning to our daily lives. From discussion to God and faith to Shabbat, prayer, and our identity as a Jewish people, this course will cover foundational Jewish ideas and open the door to further exploration.

Date	Topic	Teacher
October 22	Living a Jewish Life: Finding Purpose Through Reflection	Rabbi Zuckerman
November 5	Let My People Grow: The Exodus from Egypt as a Jewish Calling	Rabbi Zuckerman
November 12	Chosen People, Chosen Purpose	Rabbi Zuckerman
November 19	Jerusalem if I forget you...Israel and the Diaspora	Rabbi Zuckerman
December 10	Let There Be Life: The Beginning	Rabbi Zuckerman
December 17	Shabbat: Much More than a Day Off	Rabbi Zuckerman
January 7	God-ness Gracious	Rabbi Cosgrove
January 14	The Human Journey: Are we there yet?	Rabbi Cosgrove
January 21	Wins and Sins: Do God and Free Will go Together?	Rabbi Cosgrove
February 4	On a Wing and a Prayer: Why People Pray	Rabbi Cosgrove
February 11	Intention, Connection, and Introspection	Rabbi Cosgrove
February 18	Breathing Berakhhot into Life, and Life into Berakhhot	Rabbi Cosgrove